



"INSIDE EDGE"

Riverside Figure Skating Club Newsletter

www.riversidefigureskating.com



Volume 1, Issue 10

December 12 2010

PLEASE NOTE – We will be at PACKER ARENA Next Week – December 19th for the Family Skate and the Holiday Expo.

December Skating Schedule

Monday, December 6, 13, 21, 2010

6:30-7:30pm – Basic II and Intermediate

7:30-8pm – Razzettes

8:00-9:00pm - Freestyle

Sunday, December 12, 2010

12:15-1:00pm – Freestyle ice/private lessons

1:00-2:00pm – Basic Skills Group

2:00-3:00pm – Intermediate & Beg. Adv

3:00-4:00pm – Freestyle

4:30-5:00pm- Razz

Sunday, December 19, 2010

HOLIDAY EXPO – NO GROUP LESSONS

1:00-2:00pm - Practice for Performers

2:00-2:15pm- Resurface

2:15-3:00pm – Holiday Expo Performance

3:00-5:00pm – Family Skate

Sunday, December 26, 2010

NO GROUP LESSONS – Happy Holidays!!!

Monday, December 27, 2010

NO GROUP LESSONS

Sunday, January 2, 2011 – Group Lessons Resume

12:15-1:00pm – Freestyle ice/private lessons

1:00-2:00pm – Basic Skills Group

2:00-3:00pm – Intermediate & Beg. Adv

3:00-4:00pm – Freestyle

4:30-5:00pm- Razz



Final Reminder for the Holiday Expo December 19!!

We are looking for parent volunteers to help with the following jobs: **announcing the ice skaters, helping with snacks, bringing cookies or treats and helping play the music. Ice skaters are also needed to perform. Please sign up at the ice skating table!** The Expo is a chance for all of our skaters to perform a group, duet, or solo performance for family and friends. Skaters need to let their coaches know if they need help getting a routine ready. All Skaters and their families are welcome and encouraged to attend. There are no regular lessons on this day. Feel free to join us for the entire afternoon or for during a time that works for you and your family.



1:00-2:00pm - Practice for Performers

2:00-2:15pm- Resurface

2:15-3:00pm – Holiday Expo Performance

3:00-5:00pm – Family Skate



Skater of the week needed!!

If you would like your skater to be the skater of the week please email Teresa Miller at teresaamiller@hotmail.com . I will need a picture of your skater and I will email questions to ask your skater.

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Riverside Figure Skating Club Classifieds

Figure Skates-BOOT ONLY: Child Size 3.5
Call Lori at 440-5054 - \$50 OBO



Figure Skates: Child Size 12 and 1
Call Sandy at 438-5763 for price.

If you have used Ice Skating Items (i.e. ice skates, practice outfits, costumes) that you would like to sell please email Teresa Miller at teresaamiller@hotmail.com with the items description, price and contact information and it will be listed in the weekly newsletter. Once your item sells you are responsible for contacting Teresa to have it removed from our classified list. Good Luck and Happy Shopping!

Values kids learn through skating

Your child can benefit greatly by skating, but those benefits are not guaranteed. They are the result of a cooperative effort among local skating clubs, coaches, officials and parents.

Those benefits come more readily when adults put the interests of children first and leave their own egos and desires about winning at home.

Through skating your child can:

- Acquire an appreciation for an active lifestyle
- Develop self-esteem, self-confidence, self-discipline and self-reliance by mastering and performing skating skills
- Learn to manage stress, perform under pressure, and test emotional and physical balance
- Develop social skills with other children and adults
- Learn about managing success and disappointment
- Learn about fair play and being a good sport
- Learn respect for others

Skating parents' dos and don'ts

Focus on effort, participation, fun and skill-building, not on winning. Practice good sportsmanship. Teach your child to be gracious in defeat. Show interest, enthusiasm and support for your child and other skaters. Be in control of your emotions. Read the Rulebook. Parents need to parent, and coaches need to coach. Do not compare your child with other skaters. Do not make negative comments to skaters, parents, officials or coaches.

Additional resources are available online at www.usfigureskating.org under PROGRAMS- BASIC SKILLS

SKATER OF THE WEEK

Zoe Dolan Peterson

Intermediate Skater
Neveln Elementary
Skating for 4 years



What is your favorite ice skating move?

Forward outside & inside edge consecutive edges

What took a long time to learn in ice skating? Why?

Three turns, I kept forgetting which way to turn

What is your favorite Ice Cream? Blue Moon

What is your favorite subject in school? Social Studies

What other activities are you involved in? YMCA Swim Team, Tennis, Softball and Piano

What do you want to be when you graduate?

Veterinarian

WEATHER ANNOUCEMENTS.

All Skater Parents – During the season due to bad weather or changes in our schedule PLEASE go the website for any announcements or KAAL TV weather related announcements.

2010/2011 Riverside Skating Club Executive Board

- *Cathy Leuer –Pres. 507-567-2620
- *Stephanie Murphy - Vice Pres 507-438-0979
- *Teresa Miller - Secretary. 507-261-6326
- *Christine Seppanen – Treasurer. 507-433-9377

The "Inside Edge" Contact. If you have questions about something in the newsletter or would like information put into the newsletter at anytime throughout the season, please contact Teresa Miller at 507-261-6326 or email teresaamiller@hotmail.com. Please be sure to pick up a copy of the Inside Edge at the Skating table each week or look for it online at www.riversidefigureskating.com

Dates to Remember:

- Dec. 12th – Show Committee Meeting Today!
- Dec. 17th – Performance at the Bruins Game
- Dec. 19th - Christmas Holiday Expo
- Dec. 26th – NO GROUP LESSONS
- Feb. 13th – Show Pictures – Schedule to Follow
- March 12-13, 2010 – RFSC Annual Ice Show

Have a Great Week and Keep on Skating!!!
RFSC Board



Razz Performance – Dec. 19 at 7PM

Please come and watch our Razzettes perform during the Bruins Home Game Nov. 19th at 7pm. Razz Skaters get in free to the game.

Please come and cheer on our Razz Skaters!!



A Crock for our Coaches – Sundays are long days for our Coaches. If you are interested in bringing a Crock pot of soup or chili or something warm, PLEASE sign up at the skating table. We will supply the spoons, bowls, napkins, and crackers. We “Thank You” in advance for helping us to show our coaches how much we appreciate them. If you could bring in the dish sometime before 2:30 pm that would be helpful.

Dec. 12 – Peggy Devine

Dec. 19 Holiday Expo Cookies Needed – Sign up at Table

Jan, 2 OPEN

Jan. 9 – OPEN

